



**AMBROTOSE AO®**  
**(SKU #12701)**  
**PRODUCT TRAINING SHEET**



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## PRODUCT BASICS

**PRODUCT DESCRIPTION:** Fight back against pollution, toxins & stress. Ambrotose AO capsules are loaded with naturally-sourced vitamins C and E to provide superior protection for cells, immune support and help the body guard against oxidative stress so you can keep living well.\*

### BENEFITS:

- Offer additional immune support from vitamin C.\*
- May protect your cells with water- and fat-soluble antioxidants.\*
- Help the body guard against oxidative stress with antioxidant-rich nutrients.\*
- Can provide effective defense against the effects of free radicals.\*
- Excellent source of vitamins C and E.
- Provides nutritional support for general well-being.\*

### FEATURES:

- NSF-certified
- Gluten-free
- Suitable for vegetarians
- Suitable for vegans
- Free from dairy, preservatives
- Kosher
- Contains naturally-sourced ingredients
- Patented formulation

### SUPPORTING INFORMATION:

Antioxidants, found in vitamins C and E, support the body's ability to fight oxidation and may protect the body from the effects of free radicals. While our bodies need a healthy balance of antioxidants and free radicals for proper function, too many free radicals can affect our cells, how well they function and communication with each other.

Just two capsules a day are scientifically shown to provide over 2 1/2 times more antioxidant protection than five servings of fruits and vegetables, as well as increase blood serum ORAC values.\*

## WHAT MAKES THIS PRODUCT SPECIAL?

### WHO IS IT FOR?

- Consumers looking for an effective antioxidant support to supplement their diet and help protect their cells from the effects of environmental toxins and stress.
- Consumers interested in antioxidant support to help promote healthy aging.

### WHAT MAKES IT UNIQUE?

- Mannatech's Ambrotose AO is one of the most effective antioxidant supplements on the market today.
- Ambrotose AO capsules, which contain a prudent blend of antioxidant nutrients, have been shown to increase serum Oxygen Radical Absorption Capacity (ORAC) in healthy subjects.\*

### TOP FAQ:

#### 1. Why are antioxidants important?

Antioxidant-rich nutrients help protect your cells against the harmful effects of toxins, environmental stress, poor diet and oxidative stress. Antioxidants also act as free radical scavengers.\*

#### 2. What is oxidative stress?

"Oxidative stress is an imbalance between free radicals and antioxidants in your body. Free radicals are oxygen-containing molecules with an uneven number of electrons. The uneven number allows them to easily react with other molecules. Free radicals can cause large chain chemical reactions, oxidation, in your body because they react so easily with other molecules."<sup>[2]</sup>

#### 3. What can cause free radicals within the body?

Toxins such as pollution, stress and even a poor diet can contribute to the creation of free radicals, which can lead to an acceleration of the aging process. However, antioxidants reduce free radicals by contributing electrons to help maintain molecular stability.\*

#### 4. What is a blood serum ORAC test?

Oxygen Radical Absorbance Capacity (ORAC) is a widely accepted standard method for assessing the impact of dietary factors on blood antioxidant status developed by scientists affiliated with the United States Department of Agriculture.

## 5. What is the benefit to offering both water- and fat-soluble antioxidants within a supplement?

These two types of antioxidants play different roles in supporting our cells and helping to maintain a healthy balance of free radicals within our body and help fight against the effects of oxidative damage. Fat-soluble antioxidants, such as vitamin E, protect the cell membranes. While water-soluble antioxidants, like vitamin C, work in the fluid inside and outside the cells.<sup>[1]</sup>

### **DIRECTIONS:**

Take one capsule, two times a day with 8 fl. oz. of water or juice.

<sup>1</sup><https://www.healthline.com/nutrition/antioxidants-explained#antioxidant-types>

<sup>2</sup><https://www.healthline.com/health/oxidative-stress>

\*These statements have not been evaluated by the Food and Drug Administration.  
These products are not intended to diagnose, treat, cure or prevent any disease.

## Supplement Facts

Serving Size: 1 Capsule | Servings per container: 60

	Amount Per Serving	% Daily Value
Total Carbohydrate	< 1 g	< 1%**
Vitamin C (as ascorbic acid)	25 mg	28%
Vitamin E (as mixed d-alpha-, d-beta-, d -delta- and d-gamma-tocopherols)	12 mg	80%
MTech A0 Blend®	117 mg	†
Quercetin Dihydrate†, Grape Skin Extract†, Green Tea Extract (leaf)†, Australian Bush Plum ( <i>Terminalia ferdinandiana</i> ) (fruit)†		
Ambrotose Phyto Formula®	333 mg	†
Gum Arabic†, Xanthan Gum†, Gum Tragacanth†, Aloe vera (inner leaf gel powder)†, Phyt-Aloe® Complex [Broccoli (flower/stalk)†, Brussels sprout (edible head)†, Cabbage (leaf)†, Carrot (root)†, Cauliflower (flower/stalk)†, Garlic (bulb)†, Kale (leaf)†, Onion (bulb)†, Tomato (fruit)†, Turnip (root)†, Papaya (fruit)†, Pineapple Juice Powder (fruit)†]		

\*\*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Vegetable cellulose, citric acid.

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Please read the product labels for detailed information.