



**PLUS™**  
**(SKU 11101)**  
**PRODUCT TRAINING SHEET**

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## PRODUCT BASICS

**PRODUCT DESCRIPTION:** Amazingly, our desires and needs are largely driven by our endocrine system and hormones. But did you know life's traumas, stressors, injuries and environmental factors can affect how hormones are released throughout our bodies?

PLUS caplets help support foundational adrenal function to help your body's natural recovery processes from things like physical stressors and "Adrenal Fatigue."\* If you feel tired and worn out despite a good night's sleep or experience signs of feeling gray or a lack of energy along with a craving for salty foods, you may benefit from added adrenal support.

### BENEFITS:

- Formulated to support optimal endocrine health.\*
- Supports the health of the immune, nervous and cardiovascular systems.\*
- Supports breast, prostate, bone and colon health.\*
- A source of plant sterols.
- Includes amino acids that play important roles in protein synthesis, the functioning of the immune system, the nervous system and the cardiovascular system.\*

### FEATURES:

- Gluten-free
- Suitable for vegans
- Kosher
- Free from dairy, artificial colors, preservatives
- Contains naturally-sourced ingredients

### SUPPORTING INFORMATION:

- One study showed 43% of women surveyed say hormones have negatively affected their overall well-being.<sup>[2]</sup>
- More than 51% experienced symptoms of one of the following: mood swings, weight gain, sleep disturbances, and hot flashes.<sup>[2]</sup>
- The endocrine system plays a vital role in many bodily functions including metabolism, growth and development, sexual function and reproduction, heart rate, blood pressure, appetite, sleeping and waking cycles and body temperature.<sup>[1]</sup>
- Factors that affect endocrine organs include puberty, aging, stress, pregnancy, the environment, genetics.

## WHAT MAKES THIS PRODUCT SPECIAL?

### WHO IS IT FOR?

- **Primary:** Men and women who would like to support a healthy hormone balance as well as improve energy, vitality, mood, and calmness.
- **Secondary:** Those looking for cardiovascular, immune, endocrine, and nervous system support.

### WHAT IT IS NOT:

This is not a hormone replacement or libido supplement.

### TOP FAQ:

#### 1. Why is endocrine health important?

The endocrine system includes glands and organs throughout the body, which all play a vital role in controlling and regulating many of the body's functions. This system uses chemical messengers called hormones, that are produced, stored and released by glands, to travel through the bloodstream to various organs to tell them what to do and how to function. <sup>[1]</sup>

#### 2. What are Glycans?

Glycans (or Glyconutrients) are beneficial plant saccharides found in nature (saccharide is a formal name for sugar).\* Mannatech sources their Glycans for Ambrotose® Complex from the inner leaf of the Aloe vera plant, the larch tree, and several other plants but there are more than 200 plant saccharides currently known to science. The majority of plant saccharides are not sweet, and they do not raise your blood sugar. Typically, when people hear "sugar" they think of processed white table sugar, which is a disaccharide. Mannatech does not use table sugar in Ambrotose products. Moreover, Mannatech uses specific plant-based sugars/saccharides that are known for beneficial health support.\*

### DIRECTIONS:

Take one caplet with 8 fl oz of water or juice three times per day.

<sup>1</sup><https://www.healthline.com/health/the-endocrine-system>

<sup>2</sup><https://drannacabeca.com/blogs/keto-alkaline-diet/hormones-health-what-many-women-don-t-know>

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

# Supplement Facts

Serving Size: 1 caplet | Servings per bottle: 90

Amount Per Serving % Daily Value		
Calories	5	
Protein	<1 g	<1%**
Wild Yam Extract (root)	200 mg	†
Standardized to 12.5% Diosgenin	25 mg	
Glycine	200 mg	†
L-Glutamic Acid	200 mg	†
L-Lysine (as L-Lysine HCl)	200 mg	†
L-Arginine (as L-Arginine HCl)	95 mg	†
Beta-Sitosterol (from plant sterols)	25 mg	†
Ambrotose® complex	2.5 mg	†
Arabinogalactan (from <i>Larix spp.</i> wood), Aloe vera extract (leaf and inner gel powder) <sup>§</sup> , Gum Tragacanth		
Boron (as boron glycine)	1 mg	†

\*\*Percent Daily Values are based on a 2,000 calorie diet  
†Daily Value not established.

**Other Ingredients:** Microcrystalline cellulose, dicalcium phosphate, stearic acid, croscarmellose sodium, silicon dioxide, hypromellose, calcium carbonate, medium chain triglycerides, magnesium stearate, xylitol.

<sup>§</sup>Manapol® Aloe vera extract

**GLUTEN FREE**

*Please read the product labels for detailed information.*